

Volunteer Opportunities

Note: Volunteer opportunities in Salmon Arm are listed first; Opportunities in *other communities* are italicized and listed after Salmon Arm ones.

1. **ANIMALS**

SPCA (Society for the Prevention of Cruelty to Animals). 5850 Auto Rd SE, **Salmon Arm** (In the Industrial park - there's no bus). You can care for animals or maybe do office administration. Apply [online](#).

Shuswap Paws Rescue. Salmon Arm. shuswappaws@gmail.com A volunteer non-profit. You can foster, trap, drive pets to vet appointments, clean and organize storage and supplies, fundraise, coordinate events, and more! Click on "Volunteer Application" at www.shuswappaws.ca

2. **ARTS**

Salmon Arm Arts Centre. 70 Hudson Ave NE, **Salmon Arm**(downtown). salmonarmartscentre.ca Apply [online](#). Volunteer opportunities are usually one-off for events. Jobs usually include setting up and tear down of events, bussing tables, door people (greeting), and collecting donations.

Shuswap Theatre. 41 Hudson Avenue NW, **Salmon Arm**. Learn more by visiting www.shuswaptheatre.com/be-a-volunteer/. You can also call Julia at 250-804-6767 or email her: jeboddy@telus.net (Tell her about yourself, your interests and experience).

Enderby Arts Centre. 617 Cliff Avenue, **Enderby**. www.enderbyartscouncil.org/ Email contact@enderbyartscouncil.ca or call 236-586-6600.

Enderby Museum. 901 George St., **Enderby**. See enderbymuseum.ca/volunteer.php for volunteer roles. Contact enderbymuseum@shaw.ca, 250-838-7170, or stop by 10-3 Mon – Fri.

Sicamous Museum. 446 Main St., **Sicamous**. See <https://www.sicamousmuseum.ca/general-clean> for volunteer roles. Email info@sicamousmuseum.ca or phone 250-836-5260.

3. **CLOTHING/THRIFT SHOPS**

Churches Thrift Shop. 461 Beatty Ave NW, **Salmon Arm**. Sort clothes or toys, greet people, or do other things listed on the application form: churchesthriftshop.org/volunteering/volunteer-application-form/

CMHA (Canadian Mental Health Association). 433 Hudson Avenue NE, **Salmon Arm** (close to SISS). shuswap-revelstoke.cmha.bc.ca Help in the CMHA thrift shop (sort clothes, work as a cashier) or maybe other roles. Call 250-832-8477, email info.sr@cmha.bc.ca, or go in person.

Twice but Nice Thrift Shop. 702 Cliff Ave, **Enderby**. Call 250-838-6822, email Twicebutnice702@gmail.com, or go in person during open hours.

Sicamous United Church Thrift Shop. 705 Trans-Canada Hwy Frontage Rd, **Sicamous**. Call 250-836-4390 or email office@sicamousunited.ca

4. **EDUCATION**

Literacy Alliance of the Shuswap (LASS). Work as a reading tutor for children grades 2-4 or teach digital literacy to seniors. LASS is active in **Salmon Arm, Blind Bay, Enderby, Sicamous**, and other places. Email adultprograms@shuswapliteracy.ca or visit shuswapliteracy.ca - click on the "Volunteer" button.

Okanagan College. 2552 10th Ave NE, **Salmon Arm**. Tutor students who learning English (or maybe math). Contact Olia, obullen@okanagan.bc.ca or Shan, SLowe@okanagan.bc.ca

Parents' Advisory Council (PAC). Join the PAC at your child's school *in your community (Salmon Arm, Sicamous, Enderby, Armstrong, etc.)*. You can advocate for your kids and do other things, such as maybe help with a school breakfast program. Contact the school for more info.

5. **FOOD (& OTHER COMMUNITY RESOURCES)**

Salvation Army (A non-profit that gives food to people). 191 2nd Avenue NE and 441 3 St SW, **Salmon Arm**. For more info, call 250-832-9196 or email salmon.arm@salvationarmy.ca.

Second Harvest (A non-profit that gives food to people). 360 Alexander St NE, **Salmon Arm**. shuswapsecondharvest.ca. Help sort or pick up food, but there's no pay for gas. You need good English communication skills. Apply in person or ask [Terri](#) for a form. Limited opportunities.

Shuswap Food Action. Meets in various places in **Salmon Arm**. www.shuswapfood.ca. Do gardening, prepare and deliver food for (school) meals, etc.– see the list when you apply [online](#).

Sustainable Food Program (through the Shuswap Family Centre, 681 Marine Park Drive, **Salmon Arm**. See <http://www.familyresource.bc.ca/get-involved/>).

U Grow Girl. Sunshine Club Harvesting Volunteer (seasonal work). **Salmon Arm**. Pick sunflowers to give women who have experienced sexual abuse. Sign up online: www.dosomegood.ca/opportunity/sunshine-club-harvesting-volunteer-34602-1971233

Eagle Valley Community Support Society. 1214 Shuswap Avenue, **Sicamous**. Sort and distribute food among other roles. Call 250-836-3440 or email info@eaglevalleysupport.ca

Enderby Foodbank. 02 - 907 Belvedere St., **Enderby**. Sort food and more. Email fedenderbyfoodbank@gmail.com or call 250-938-3114 (Monday – Friday 10 am – 2 pm).

Malakwa Community Learning Centre/Eagle Valley Malakwa Branch (old elementary school). 3994 Malakwa Road, **Malakwa**. Help at the food bank among other roles. Call 250-836-2757 or email malakwainfo@eaglevalleysupport.ca

Sorrento Food Bank. 2804 Arnheim Road, **Sorrento**. They sometimes need volunteers to sort, pick up, or deliver food (e.g., at Thanksgiving and Christmas). Call 250-253-3663.

6. **HEALTH & SOCIAL WORK**

Shuswap Family Centre. 681 Marine Park Drive, **Salmon Arm**. They may have some opportunities. You need a criminal record check. See www.familyresource.bc.ca/get-involved/, then call 250-832-2170, or go in person.

Shuswap Hospice Society. 781 Marine Park Drive, **Salmon Arm (and maybe other communities** if clients are available). They offer rewarding opportunities to provide end-of-life care and support. You help someone (who is dying) for ~2 hours per week. Contact 250-832-7099 or e-mail info@shuswaphospice.ca

Interior Health. In **Salmon Arm** and other larger communities, you can do many kinds of volunteer work at Shuswap Lake General Hospital and Bastion Place, a care facility nearby. For example, you can visit patients/residents, read to them, play music, and more. You can apply online and usually need a criminal record check. See www.interiorhealth.ca/get-involved/volunteer#salmon-arm for more info.

Red Cross. #101 - 650 Trans Canada Hwy NE, **Salmon Arm**. Open 10 a.m. – 12 noon Monday to Friday (NOT Wednesdays). They loan medical equipment (wheelchairs, walkers) to people in need. Go in person – scan the QR code on the wall near the door (to become a volunteer).

Seniors' Resource Centre. 320 2 Ave NE, **Salmon Arm**. seniorsresourcecentre.org/ You can help with: front desk reception (3 hour shifts AM or PM); driving seniors to medical appointments (vehicle expenses reimbursed); as a social volunteer (Day Away Program). Contact Wendy 250-832-7000 or email seniorsresourcecentre@gmail.com

Shuswap Better at Home Program. Salmon Arm and the Shuswap area. Help seniors stay at home. Make friendly visits, do repairs, light housekeeping, and yardwork, remove snow, help with transportation (if you can/if needed), and grocery shop. Contact 1-250-836-3440 or sbahintake@outlook.com

South Shuswap Health Services Society (Copper Island Seniors' Resource Society). #10 – 2417 Golf Course Drive, **Blind Bay**. Volunteer at the Centre, on the Board, with fundraisers, administration, and other areas. Call 1 (250) 675-3661, go in person, or fill out the online contact form: sshss.ca/contact-us

Sunshine Line Program. 1110 Belvedere Street, **Enderby**. You would make 5-30 minute phone calls to help seniors feel safe and connected. They may be daily, weekly, or another time frame). You need to be 21+ and get a criminal record check. Volunteers meet in person at 2 pm on the 3rd Wednesday of every month but you can volunteer even if you can't go to the meetings. Call 250-838-9446 or email edcomrc@gmail.com.

7. **FIRE DEPARTMENT AND RESCUE**

Note: Fire department volunteers usually need to be 18+, have a BC driver's license, and have a full-time job (Get permission from IRCC if you have a closed work permit because you receive some pay). You also need a criminal record check and fitness test. Volunteer fire fighting may be more suitable for PRs and naturalized citizens.

Salmon Arm Fire Department. 141 Ross St., Salmon Arm. See www.salmonarm.ca/165/Volunteer-Firefighter-Information.

Enderby Fire Department. 1500 Evergreen Street, **Enderby**. See info and online application form here: www.cityofenderby.com/firefighter-application/

Malakwa Fire Department. 4120 Community Hall Road, **Malakwa**. Contact 604-848-4343 or MalakwaVFD@csrd.bc.ca.

Sicamous Fire Department. 446 Main Street, **Sicamous**. Contact 250-836-2477 or fill in the inquiry form: www.sicamous.ca/live-here/essential-services/paid-on-call-firefighter-inquiry

Sorrento Fire Department. 1164 Passchendale Road, **Sorrento**. Contact 250-517-7980 or ShuswapVFD@csrd.bc.ca.

Shuswap Volunteer Search and Rescue. In Salmon Arm and other communities.
<http://www.shuswapvsar.org/skills-training/> You would assist the RCMP, ambulance service, fire departments and

the coroner by responding to emergencies in urban and wilderness settings. Email:

Recruitment@shuswapvsar.org

8. **OTHER OPPORTUNITIES**

Shuswap Immigrant Services Society (SISS). 101-371 Hudson Ave NE, Salmon Arm. SISS needs help with one-day events, such as the Gathering Together (Multicultural) Festival, held June 27th every year. Occasionally we also need English tutors to help clients improve their English one-on-one or in classes. Contact Daniela for more info@sissociety.ca (or see her in person in the office).